## INTERNATIONAL CAMP FOR VOLUNTEERS







2 WEEKS DEDICATED TO HELPING OTHERS ALSO HELP YOU!

### FONDAZIONE FRANCESCA RAVA N.P.H. ITALIA ONLUS

helps children in need both in Italy and in the rest of the world and is the Italian representative of N.P.H.

# **NUESTROS PEQUEÑOS HERMANOS**

is a non-profit organization started by father W.B. Wasson that has been **helping orphaned and abandoned children for over 60 years** with the creation of orphanages and hospitals in 9 Latin American countries: Mexico, Honduras, Haiti, Nicaragua, Guatemala, El Salvador, Dominican Republic, Peru and Bolivia.

Thanks to the N.P.H Homes the pequenos receive medical assistance and a healthy diet, the best education to ensure the growth of their abilities and their aspirations but, mostly, they receive unconditional love and safety. This, combined with the values of hard work, responsibility and sharing, helps them become peaceful, independent and responsible adults, breaking once and for all the cycle of poverty.



# **VOLUNTEERING:**BACKBONE OF N.P.H.

N.P.H. has been helping children since 1954 thanks to the tireless work of volunteers from around the world whose common values are unconditional love and responsibility. Because of this, the Foundation offers the opportunity to participate in the international program of long-term volunteering.

- > The volunteers live in one of N.P.H.'s homes with the children, have specific tasks and collaborate with local staff.
- > The service lasts a minimum of 13 months to give each volunteer time to acclimate, to familiarize with the structure, the people who work there, and especially the children. In the case of skilled professionals in the medical field, professional volunteering programs of medium-long length can be organized.

#### 2 - WEEK VOLUNTEERING PROGRAMS

Another type of volunteering program consists in a **two-week stay in one of N.P.H's home** in which volunteers can contribute in managing the home (eg. the kitchen, vegetable garden, carpentry, maintenance ...) and help with entertainment activities chosen according to their abilities (eg. dancing, painting, music, theater, language courses, sports, etc..). The two-week programs are **suitable for anybody**: **families, high school and university students, businesses** (as a team-building experience).

The volunteers, who are completely immersed in the life and routine of the host house, have the opportunity to get to know a different kind of reality, to live a complete experience of sharing with children and teenagers of all ages who live in N.P.H homes and to bring real help.



#### **REQUIREMENTS**

- Minimum age: 14 years old (younger partecipants must be accompanied by their parents)
- > Love for the children and desire to help
- > Flexibility, comunication and an open mind towards new experiences
- > Desire to learn new skills
- Humility and respect towards the local culture and authorities
- > Two week availability
- > Participation in information meetings

#### **EXPENSES**

- > Flight
- > Medical insurance
- > Living expenses and miscellaneous expenses (eg. Airport pick-up)
- > Registration fee (200 euro) to be paid when signing-up



THE VOLUNTEER CAMPUS TAKE PLACE DURING HOLIDAYS: contact the Fondazione to know the next Campus.

#### SPONSOR A CHILD!

With € 26 per month, the equivalent of LESS THAN A COFFEE A DAY, you can give a child shelter in one of N.P.H.'s Houses, medical care, education and the love of a large family. You also have the possibility to write him and GO VISIT HIM. Write to padrini@nph-italia.org or fill out the application for sponsorship on www.nph-italia.org.



You can also help us by choosing "Spazio Fondazione" as a location for conferences, meetings or private parties; or by participating to the events organized by the Foundation. Visit us on www.nph-italia.org

For information on the International Volunteering Programs come find us at the Fondazione's headquarters or contact us at 02 54122917 • campus@nph-italia.org • www.nph-italia.org

Fondazione Francesca Rava - N.P.H. Italia Onlus Sponsorship • Projects • Voluntering Viale Premuda 38/a, 20129 Milano



# TWO WEEKS DEDICATED TO OTHERS ALSO HELP YOU!

[...] What surprised me the most of N.P.H. Casa San Andreas is its organization: it is structured in a way that gives each children the possibility to grow up in a secure environment and, most of all, to build a future for themselves thanks to school and to "talleres"...[...]

[...] An experience that changes your outlook and your approach to life. A part of us will forever stay in Haiti, but at the same time we brink back home parte of Haiti, with its children, smiles, emotions, the generosity of people who have nothing, death that so scares the West, the willpower of people who struggle everyday for survival [...]

[...] My experience with NPH Honduras reminded me that the simplest things in life are also the most important [...]



HAITI

REPUBBLICA DOMINICANA



[...] What I loved most about my experience is observing the relationship between the younger kids and older kids, a protective instinct that is obvious even in the smallest of gestures [...] It's a big family happy to welcome you even for a couple of days [...]

GUATEMALA

HONDURAS

EL SALVADOR

NICARAGUA



[...] I never wanted to leave, also because I stopped feeling like a stranger to the House, and started feeling like part of it [...]



[...] I played with the children, built tents for the hospital, did gardening, hunted rabbits, attended funerals and weddings, I visited the hospital, I talked and danced with the locals, learned Creole and invented words in French and English, I gestured, sang, cooked, swam, played and made new friends. I opened up to Haiti, and Haiti filled me [...]



BOLIVIA

[...] Children in need of love and affection, it breaks your heart to know that without NPH they would probably be barefoot, starving and illiterate. These children have given both myself and my daughters a beautiful lesson... my daughters who have experienced living in a big family that is not necessarily biological and the common commitment for a project that is bigger than the individual [...]

[...] My first experience as a volunteer in NPH's House in Guatemala leaves me with a life lesson that will never fade. The values of sharing and responsibility, which are the supporting structure of life in the house, are transmitted to the children as fundamental values for their growth, are visible in their everyday gestures, in their studies and in the time dedicated to playing [...]

PERÙ





READ ALL OF OUR VOLUNTEERS' STATEMENTS ON THE PROGRAMS ON www.nph-italia.org